

# Synthesia Express-1

## Performance Script

**<START>**

Join me as we create my avatar. When I talk, I always keep my hands low at waist level, but I am encouraged to move my upper body. First let's capture a neutral emotion. Did you know that your brain is your body's own power plant? It can generate up to 25 watts of electricity - which is enough to power a small light bulb. Now I am going to look at the camera, and count silently to ten.

**<Look into the camera with lips closed for 10 seconds>**

The next emotion is Happy.

**<SMILE. Keeping your lips closed, smile and connect to a feeling of happiness - Keep smiling >**

I remember to smile as I read you the following positive statements, but just before I start, I shift into a joyful state.

"She laughs every time the breeze tickles her nose."

"We are thrilled to see everyone enjoying the new changes!"

"What a fantastic outcome, we couldn't have done it without you!"

"Seeing our project come to life makes me incredibly happy!"

Now I will move to emotion 3: Concern.

**<Sink into a concerned feeling. Keeping your lips closed, furrow your brow (frown)>**

I show concern and disappointment in my eyes and sometimes with a frown. Before I read the following serious statements - I allow myself to shift into a concerned state.

"We've lost key data which delays our project timeline!"

"It's hard to see a path forward unless we address these critical issues immediately."

"If we fail to meet the requirements, the consequences could be severe."

"It's crucial to assess the impact of these changes on our team."

"I urge everyone to focus on resolving this problem immediately."

"This oversight could potentially harm our reputation and client trust!"

Now onto the final emotion: Excited.

**<Connect with a positive/passionate energy. Keeping your lips closed.>**

As I take a moment to shift into a much more positive state, I remember to keep my hands low at waist level, but i am encouraged to move my upper body as my energy increases. My eyes are more open and I smile as I read the following phrases with passion.

"Get ready to be part of something that will make you go "WOW"!"

"Imagine the impact we can make with this revolutionary idea!"

"We're on the edge of innovation, and the possibilities are endless!"

"This opportunity is not just big; it's monumental!"

"Let's make history together with this thrilling new project!"

**<END>**